

# Acute Pain factsheet

The Specialist Nurses are committed to ensuring services are in place to plan and manage not only post operative pain, but also meet the needs of our in-patients where pain predominates.

## What do we do?

- Provide training and guidance for all hospital doctors and nurses in the management of acute and chronic pain.
- Adopt a “Quick response approach” Specialist pain nurses can support the ward team to assess, treat and manage patients with acute pain following surgery or trauma.
- The specialist nursing team can prescribe pain killers ensuring access to medicines when needed.
- Operate a pre-operative pain service to identify patients who have pain issues prior to coming into hospital so a plan can be made for their surgery.
- Collaborate with other members of the team caring for you e.g. doctors, nurses, physiotherapy.
- Provide an integrated service. The Inpatient Pain Service is part of the Manchester and Salford Pain Centre (Pain Clinic). The Specialist Nursing Pain Team can liaise with the pain clinic for specialist advice if you already have a long term pain condition

As the major receiving trauma site we receive many patients with acute pain from polytrauma including fractured ribs.

We have reviewed over 200 patients with fractured ribs in a 12 month period.

The pain management nurses work closely with the major trauma team, our aim is to support clinicians in the management of polytrauma patients who have complex needs and require effective pain management.

We provide a wide range of pain management strategies which includes:

- Pain Assessment
- Guidelines and protocols
- Education and training
- Patient information

- Analgesia systems
- Patient controlled analgesia
- Continuous Epidural infusions
- Local Anaesthetic Wound Infusions